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Feedback on the utilization of your donation, as received from Udayan Care

Transaction number: TRN-0005066803/TD-0005445456 **Amount:** INR 1335

Transaction date: 25-Jul-2015 **Units** : 1

Name of the donor:

Purpose of donation: Sponsor the monthly food and nutrition expenses for an orphan at our Ghar

Brief Description

DONATIONS RECEIVED THROUGH GIVEINDIA ARE USED ONLY FOR POOR BENEFICIARIES



is an energetic and lively child and enjoys every moment to the fullest. After returning from USA Trip-ICN, she has become more responsible and helpful.

has appeared for assessment test after returning from USA Trip-ICN and result is awaited.

During this quarter she remained fit and fine.

is a happy going child. She takes initiative in doing things which interests her a lot. She is so much fond of getting into extracurricular activities that it is the time when you can see Shivani the most happiest. She loves to sing and dance around, very talkative.

Beneficiary Details	
Full Name	
Father / Husband / Guardian Name	
Age	
Grade	
Utilization Period	01.07.2015 to 31.07.2015
Home Address & School Address	
House / Building / Centre	
Street Name & Number	
Prominent Landmark	
Local Area /Sector/Para/Basti / Tola / Dhani / Vas / Bigha/Nagar	
Village / Town / City	
PO Name, Taluka / Mandal / Tehsil Block, District	
State and Pincode	

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Days	Timing	Food Combinations
Monday	Breakfast	Salted vegetables + dalia / sweet dalia with milk and jaggery/sugar
	Tiffin	Stuffed Roti/Roti with subzi
	Lunch	Dal + Rice & Chapati + Seasonal Veg plus salad in winters/ buttermilk in summer/ raita
	Snacks	Seasonal Fruit with milk
	Dinner	Chapati+ Aloo, lauki, palak, matar, etc.... with soya granules.
Tuesday	Breakfast	Milk (Cucumber, tomato, potato, carrot)
	Tiffin	Stuffed Roti/Roti with subzi
	Lunch	Rajma/ lobiya and Rice, one sookhi subzi seasonal; salad in winters/ buttermilk in summer/ raita
	Snacks	Seasonal Fruit with milk
	Dinner	Dal +Chapati +Sesonal Veg
Wednesday	Breakfast	namkeen seviayan with veggies, milk
	Tiffin	kala chana with roti/parantha
	Lunch	kadhi with pakodi or palak +Chapati + sookhe aloo plus salad in winters/ buttermilk in summer/ raita
	Snacks	milk and fruit
	Dinner	egg curry + Chapati
Thursday	Breakfast	suji ki kheer/ poha with veg and milk & fruit
	Tiffin	Stuffed Roti/Parantha Rolls
	Lunch	Curd Rice
	Snacks	Sprouts & rusk with milk
	Dinner	Chapati + Sesonal Veg with soya granules
Friday	Breakfast	suji ka uttapam with veg/besan ka chilla with milk, fruit
	Tiffin	pulao with nutri nugget and onion
	Lunch	Dal + rice, Chapati+Sesonal Veg
	Snacks	atta biscuit with milk/ chana murmura with milk
	Dinner	Dal+Chapati+Seasonal Veg or pasta with veggies, soup & bread
Saturday	Breakfast	Milk + toast with egg and butter to taste...for non egg eaters...bread upma
	Tiffin	Stuffed Roti/Parantha Rolls...children at home will get seasonal fruit/nimbu paani

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	Lunch	Dal +rice, Chapati +Sesonal Veg plus salad in winters/ buttermilk in summer/ raita
	Snacks	Sprouts
	Dinner	paneer with matar or palak, roti
Sunday	Breakfast	poori subzi/ chole bhature and milk
	Tiffin	seasonal fruit chaat
	Lunch	veg pulao; salad in winters/ buttermilk in summer/ raita
	Snacks	bhel puri/popcorn with milk
	Dinner	Dal+ Chapati + Seasonal Veg + sooji halwa/custard

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